

Childcare Menu Week 3 - Week Commencing: 20.07.26

*Low in Sodium & Refined Sugars

*Nut Aware

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 ORGANIC MILK, KIWI, PEAR & MANDARIN	 APPLE, CHEESE, MULTIGRAIN CORN THINS & VEGGIE STICKS	 TROPICAL FRUIT PLATTER W/ ORGANIC MILK	 CHEESY TOMATO WHOLEMEAL MUFFIN	 ORGANIC MILK W/ BANANA & APPLE
LUNCH	 SPAGHETTI BOLOGNAISE W/ SHREDDED CHEESE	 CREAMY VEGETABLE PASTA BAKE W/ ZUCCHINI	 CHICKEN & SWEET CORN SOUP W/ WHOLEMEAL DINNER ROLL	 AMIT'S CHICKEN CURRY W/ RICE & BROCCOLI	 AUSSIE BEEF BURGER W/ GRAIN FUSION & BEETROOT
AFTERNOON TEA	 APPLE & SULTANA SCROLL	 TUNA & CHIVE / TOMATO & CHEESE DIP W/ BROWN RICE CRACKERS	 TROPICANA PIZZA	 PEACH & PEAR W/ ORGANIC YOGHURT	 VTIA WEATS W/ CHEDDAR CHEESE & CRUDITES